Instructions:

- 1. Print
- 2. Attach to some thing rigid you can cut out. Like a cereal box or some other thin cardboard
- 3. Cut out the yellow along the black lines (if you printed this in black and white cut out the unwhite part)
- 4. Spray paint through the hole onto a surface.

ohmyback.net is in no way responsible for where you do this. Send us a photo of it anyway. info@ohmyback.net

